

Le Jardin[®]

LUXURY SPA



UTA22
Ulster Taster
AWARDS



Ireland's
Best Day Spa



TREATMENT TARIFF

FACE

Signature Facial - Le Beaute (50 Min) £85

Using essential oils distilled fresh spa, this facial combines a gentle cleanse tone and exfoliation of the skin, finishing with the application of a vitamin and nutrient laden bespoke facial oil.

Botanical Bloom (50 Min) £100

Le Jardin's super lifting o- ox facial. gentle aqua peel and oxygen airbrush of skin combine to tackle dark circles under the eyes, reduce pores, increase skin elasticity, define face, slim jaw line strengthen capillaries and improve blood flow.

My Kinda Skin* - Temple Spa (50 Min) £110

Prescription Facial Let us analyse your skin and prepare a tailored treatment just for you. Your facial includes our signature massage plus a relaxing scalp massage. You will feel amazing and your skin transformed 50min

**Suitable for people with weakened immune systems and undergoing medical therapies.*

Pour Homme (50 Min) £ 85

While all our facials are non-gender specific this facial was inspired by the techniques used by traditional barbers who comforted the skin with steaming towels. It is followed by a stimulating face massage designed to counteract the effects of under eye circles, daily stress and abrasive shaving.

Temple Spa -Glow and Radiance Facial (60min) £110

Glow & Radiance Facial This advanced, skin transforming facial turns up your glow with instant and visible results for firmer feeling & brighter, healthy-looking skin. Your complexion is transformed thanks to intelligent active ingredients boosted by vitamin c and our glycolic acid complexes. Add our unique skin-lifting massage techniques and the results are even better skin.

Enhance Your Facial (20 Min) £40

Enhance any facial by adding a boosting indulgent gold, caviar, D or pearl mask with scalp massage.

BODY

Vive Le Mer (75 Min) £110

warm and detoxifying seaweed wrap followed by a circulation stimulating cryo globe massage and adipose targeting gel make this a highly results driven treatment. Significantly targeting cellulite with the aim of firming and smoothing the skins surface.

Le Jardin - Exfoliating Body Scrubs (50 Min) £90

full body exfoliation followed by a warm herbal mist and nourishing warm body melt balm application.

Bare Roots (50 Min) £90

Soak away tension with a serene footbath and scrub. Then feet will be grounded with a warm foot mask while a hot stone calve massage relieves tension in the calve muscles.

Oriental Foot Treatment (40 Min) £70

Working exclusively on the feets pressure points to help alleviate stress and encourage healing.

Scalp Rever (40 Min) £75

Enjoy a sedating warm argan oil and nettle infused hair restore scalp massage and warm oil drizzle treatment with Le Jardins Shriodara inspired ndian head treatment.



TREATMENT TARIFF

MASSAGE

Signature Massage (50 Min) £90

Our signature massage is the ultimate in relaxation, following an inhalation of our seasonal inspired scent, your therapist will cover your body in warm scented linen before beginning a sedative massage.

Your Best you (90 Min) £110

Hydrate & Soothe Meno-Pause Body Treatment

This unique top-to-toe treatment is bespoke to you. The gentle, caring massage uses a combination of expert therapist hands and Himalayan Salt stones and soothing skincare to support stress relief, increase energy, and positively boost your mood. Rhythmic stretches, and gentle joint rotation rescue achy limbs and a gentle lymph drainage facial reduces puffiness to leave skin fresh and feeling beautiful. 50/80min

Relieve Stress (50 Min) £95

Relieve stress and melt muscular tightness with an aromatherapy massage combining hot stones and sedating acupressure techniques. This massage uses our own bespoke carved stones which work their way into deep seated knots and tension.

Spa Favourite (50 Min) £95

Our spa favourite with athletes or those who have pushed their body to extremes. This treatment works out tight knots and also softens worn muscles as your therapist uses various massage modalities to stretch and loosen your body and help you regain a balance.

Wonderful Relaxing (80 Min) £120

A wonderfully relaxing treatment utilizing steamed poultices and herbal compresses which are made in house using therapeutic herbs. Heated herbs wrapped in organic linen are massaged into the body help to relax tense muscles whilst the residual steam in the room will relax the senses.

Feeling Good (50 or 80 Min) £95/£115

Energising Aromatherapy Massage This revitalising power massage uses our vibrant and joyful, aromatic oil inspired by the zest of Mediterranean Citrus groves. Bergamot, Sweet Orange, Lemon, and cooling Mint working alongside our invigorating massage movements designed to combat fatigue and encourage circulation. You will be left feeling re-energised and at ease. 50 min

DAY SPA

Expectant Mothers (100 Min) £165

During pregnancy, this is the ultimate retreat for expectant mothers. This all encompassing day of much needed pampering, begins with Le Jardins pregnancy massage and sensitive skin facial followed by a gentle foot reflex treatment. The treatment ends with a seasonal light lunch.

Seasonal Delight (110 Min) £180

An indulgence of all the senses in this seasonal delight which changes quarterly, a Le Jardin Linen dream massage, followed by choice of Le Jardin Haute or Botanical Loom facial. Served after your treatments in spa relaxation room platter of seasonal taster light bites, with complimentary accompaniment of paired wine or gin.

Couples Treatment (100 Min) £310

Our treatment for deux. In our luxurious couples treatment room begin this experience with a warm candle massage carried out in sequence culminating in a decadent and bespoke botanical facial. End this romantique, shared day spa with a glass of prosecco and sweet delight.

Delightful Retreat (150 Min) £335

This bouquet of delight this package includes a damask rose body wrap and a luxurious facial with a melted soya and cocoa butter treatment. The treatment ends with a refreshing floral body spritz of choice of distilled wild rose and elderflower water or Provence inspired lavender mist, along with a light lunch.

Total Glow Up (80 Min) £120

Glow & Radiance Face & Body Experience
This unique face and body experience leaves your skin, face and body positively glowing from top-to-toe. To begin, you will be treated to a body brush, scrub and application of moisturiser, followed by a face & body contouring treatment working on relieving tension. Lastly, our advanced skin transforming facial turns up your glow with instant and visible results. A total face and body glow up!

Devilish Delight (135 Min) £325

Who wouldn't desire to be cocooned in chocolate, this devilish delight includes a full body scrub and a mint chocolate body wrap before ending with a warm oil massage, included in this treatment is a decadent mint choc martini and a choc dipping platter of delights.

All Day Spa packages include 50 minutes complimentary use of the Thermal Suite.

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THERAPIST RECOMMENDS

Green Goddess or Green Man

(160 Min) £245

For those urban botanical babes or garcon's who wish to breathe in the green goodness of all that nature's best has to offer. Le Jardin ode to all things Vert, begins with a eucalyptus and pine sinus inhalation and facial massage treatment. Followed by an alpine body scrub and a full body warm spirulina and seaweed wrap and then ends with a body massage with a botanical massage oil of your selection, a green tonic drink and seasonal platter served in our relaxation suite.

Le Aroma Mamon

(110 Min) £165

Le Jardin pregnancy treatment will cocoon you during this unique time. Designed to thoroughly calm, balance and support. Utilising pregnancy safe botanicals this treatment incorporates a foot soak and exfoliation followed by foot and leg massage before mother and baby are supported during a sedative back and scalp massage.

Champagne & Truffles

(60 or 90 Min) £110 or £140

A luxury facial that combines our award-winning truffle skincare with our specialist lifting massage techniques that together iron out deep lines and wrinkles, help to strengthen muscle tone and reduce puffiness. You'll have something to celebrate. The 90-minute version includes an exquisite cooling alginate mask and rose quartz massage therapy. Add a glass of fizz and a delicious chocolate truffle to complete the luxury and help you relax. 50/80min

Aqua Relaxation

(80 Min) £135

Have the sensation of floating away as you lay upon heated water blankets during this wonderfully supportive massage. Using warm hydro-therm blankets this treatment allows for a deep massage to be performed with the added therapy of all over heat to relax the muscles even further unwind further as your skin drinks in a nourishing Le Jardin Serum. You select your oil pre-treatment and following your treatment you will receive a complimentary frozen cocktail to match your oil, a decadent and all encompassing treatment.

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